Best Practice Smoking Cessation in Primary Care - General Practice

An invitation is extended to General Practitioners, to attend this accredited education event.

DATE
Wednesday
17 May 2017

AGENDA
Evening Event
6.15pm
Registration & dinner
7.00pm – 9.00pm
Presentation

LOCATION
Century Inn
5 Airfield Road,
Traralgon

Workshop Outline
This workshop is designed to facilitate the implementation of a systematic approach to embedding best practice smoking cessation in general practices in Gippsland. Evidence on the effectiveness of providing a brief intervention to all patients who smoke will be provided to general practitioners. GPs will be introduced to a 3 step brief intervention and a menu of options for behavioural intervention referrals for smoking cessation. They will also be provided detailed information on prescribing pharmacotherapies. Gippsland is the first area to be offered this new training program, which is part of an Australian-first system-wide smoking cessation initiative being developed in the Latrobe Health Innovation Zone. A Category 1 PDSA study tool will soon be available to evaluate the impact of using brief interventions in general practice.

Facilitator - Sarah White Ph.D. - Director of Quit Victoria
As Director of Quit Victoria, Sarah is responsible for the strategic direction and management of Australia’s largest single tobacco control program, which is part of an internationally-renowned Cancer Council Victoria team. Sarah has a background in medical research in paediatrics and cancer, and has also led strategic communications for an international research organisation and a tertiary hospital in Victoria.

Facilitator - Donita Baird Psychologist - Cessation Manager Quit Victoria
As Manager of Cessation at Quit Victoria, Donita is responsible for ensuring that Quit’s training and clinical practice is evidence-based and practice-oriented. She has recognised supervisor status with the Psychologists Registration Board. Donita oversees the practice and clinical supervision of specialists on the Quitline clinical service. She is also actively involved in research to develop new cessation and smoking relapse approaches.

Facilitator - Emma Dean B.Pharm. - Smoking Cessation Specialist
Alfred Health
With more than 12 years of experience as a clinical pharmacist, Emma has developed well recognised expertise in the area of smoking cessation and related pharmacotherapies. Emma has contributed to a multisite, ARC funded research project highlighting the value of brief interventions for smoking cessation within the hospital setting. Emma has been integral in driving multidisciplinary system change to ensure effective clinical management of nicotine dependency. Emma continues to maintain a clinical caseload supporting Alfred Health inpatients, outpatients and staff to quit smoking.

Learning Outcomes
Upon completion participants will be able to:

• Describe the impact of providing a brief intervention for smoking cessation on smoking status compared to only asking about smoking intervention.
• Carry out a 3 Step Brief Intervention for smoking cessation
• Determine appropriate pharmacotherapies to assist smoking cessation
• Define nicotine dependence and identify key factors contributing to its development
• Identify and manage potential drug interactions associated with smoking cessation thereby increasing patient safety.
• Identify options for behavioural interventions and support for smoking cessation
• Implement a systematic process to identify all patients who smoke and offer a brief intervention.

Register online for 02QUITGP16-17 - Best Practice Smoking Cessation in Primary Care - General Practice
click here to register online. Registrations for this event close Friday, 12 May 2017

For more information, please contact 03 5126 2899 or info@gphn.org.au