Managing hypertension using an absolute cardiovascular disease risk approach

An invitation is extended to General Practitioners and Practice Nurses to attend this accredited education event.

Workshop Outline
This workshop sets out the key messages from the recently released *Guidelines for the diagnosis and management of hypertension for adults*. The session will cover how these guidelines can be implemented in your practice population. It will take into account that absolute cardiovascular disease risk assessment and management is the most accurate and readily accessible means of identifying who is most at risk of a heart attack or stroke. Please join us at this important workshop and hear more about managing hypertension using an absolute cardiovascular disease risk approach.

Presenter: Associate Professor Ralph G Audehm
Ralph is a general practitioner with 24 years experience. Ralph graduated from Melbourne University in 1984 and obtained a Diploma from the Royal Australian College of Obstetricians and Gynaecologists in the 1987. He gained a Graduate Certificate in Clinical Research in 2005. In 2004 was made an Honorary Research Fellow of the University of Melbourne. Ralph believes that primary health care is central in the effective management of chronic illnesses such as diabetes, and that primary care is best coordinated via General Practice.

Learning Outcomes
After attending this workshop participants will be able to:
- Outline the available evidence and identify the processes for managing hypertension within an absolute cardiovascular disease risk approach
- Implement a practice system to safely manage CVD risk in high, moderate and low risk patients
- Comprehend the different treatment strategies (lifestyle and medicines) for individuals at high, moderate or low absolute CVD risk despite presenting with similar blood pressure readings.
- Understand when to use ambulatory and/or home monitoring measures to confirm blood pressure level.

Register For 027GP16-17 - Managing hypertension in an absolute cardiovascular disease risk environment
Click here to register online* or complete below information and fax to 03 5126 2890. Registrations closing date: Fri, 28 October 2016.

<table>
<thead>
<tr>
<th>Name</th>
<th>Organisation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mobile</td>
<td>Profession</td>
</tr>
<tr>
<td>RACGP number</td>
<td>ACRRM number</td>
</tr>
<tr>
<td>Dietary requirements</td>
<td>Email</td>
</tr>
</tbody>
</table>

Do you have feedback for us, or suggestions of education or training that you need? Send us your thoughts to info@gphn.org.au

*This organisation is an authorised provider of accredited activities under the RACGP QI&CPD Program. RACGP Activity Number 64957: 4 Category 2 points

ACRRM ID 6910 PDP points 2 Core