ELDER CLOWNS &
LAUGHTER BOSSES
Bringing Play and Laughter to Aged Care
S.M.I.L.E.

Lee-Fay Low et al,
The Sydney Multisite Intervention of LaughterBosses and ElderClowns (SMILE) study: cluster randomised trial of humour therapy in nursing homes

BMJ Open 2013; 3

- 20% reduction in agitation symptoms in SMILE
- The same effect size as is achieved by antipsychotic medications used to treat agitation without the adverse side effects
Chenoweth, L et al

Something to SMILE About: Potential Benefits to Staff from Humor
Therapy with Nursing Home Residents

Brodaty H, et al.

Successful ingredients in the SMILE study: resident, staff and management factors influence the effects of humor therapy in residential aged care.

American Journal of Geriatric Psychiatry 2014